

..... Transition Unit



Short Term or Long Term Residential Care

To support you as a

young person in a safe and friendly place for you to develop and grow.

**Where will I sleep ?
Will I have my own room ?**

You will have a room of your own, furnished with a single bed, wardrobe, hand basin and TV & DVD player.
You will have to share:
Dining/Lounge Area with TV
Toilets, bathroom and Shower
Kitchen.
Laundry room with washing machines and tumble dryer.
Computer room / Games room.
Garden area.

What money will I have?

All young people will have supplementation. This will be money to help you buy your provisions, clothing and toiletries, plus activities and bus fares (depending what you do and where you go).

Will I be able to see my family? ? ?

YES! Whenever possible; contact with your family will be supported.

You will be helped to make an appointment with the Doctor. Wherever possible you can remain with your own doctor, dentist and opticians. If this is not possible, young people will be registered with a local doctor, dentist and opticians.

Can I use the telephone ?

YES, You can have use of the telephone to help you keep in touch with your family and friends. Obviously, this is in moderation.

DO I HAVE TO GO TO BED EARLY?

All young people have to be in their rooms by **11:00pm**

Can I smoke at ?

As it is illegal to buy cigarettes under the age of 18 years, **NO**, you cannot smoke at

Do I have to attend education/training etc?

YES. For those young people still in school, the expectation is that you have full attendance, the expectation would be the same if you were in full time employment or attending college or training.
FULL ATTENDANCE!!!

What about food?

Young people shop and cook their own meals. (Help will be given if needed).
Sunday lunch will be provided.

What if i don't agree with something?

**There is a complaints procedure, which will be fully explained to you upon admission. There is also the use of Advocacy who will mediate on your behalf. The staff at want to work together with each young person to ensure that we meet your needs.
To help us achieve this, we encourage you to take part in young peoples meetings to help sort out any problems that you may have.**

What if I get bullied by other residents ?

You tell the staff, bullying is not tolerated and is taken seriously. We do have a strict NO BULLYING POLICY.

Can I go to church if I want to ?

Of course you will be supported; all young people are encouraged to follow their religious beliefs.

Useful Telephone Numbers

Advocacy

0800 328 7289

Childline

0800 1111

Complaints

1656 642253

Voices From Care

~~Voices~~ 029 2039 8214

C.S.S.I.W.

01792 310420

Children's Commissioner for Wales

0808 801 1000